

Future Events

- **5/1 - Bronx Day in Albany** (buses leave from William Hodson Senior Center); MUST RSVP limited seating
- **5/6- Bronx 10k Run @ Bronx Community College** (buses will leave from Claremont Neighborhood Center); MUST RSVP limited seating
- **5/6- Drew Park Clean-Up @ Charles Drew Park on Fulton Ave.** from 9:00am-3:00pm
- **5/6-Prom Dress Giveaway** (H.S. students only) Claremont Neighborhood Center, Inc. 489 East 169th Street Bronx NY 10456, Time: 10am – 2pm
- **5/6 C.S. 55 School Partner Meeting @ C.S. 55** 11:00am-4:00pm
- **5/13- Women's Appreciation Day**, Claremont Neighborhood Center, Inc., 489 East 169th Street Bronx NY 10456, 10 – 5pm



Claremont Healthy Village

INITIATIVE

NEWSLETTER

April 28, 2017

Introduction/Brief Summary

Over four years ago the Department of Family Medicine at Bronx-Lebanon Hospital Center, the American Diabetes Association (ADA) and Healthfirst, founded the “Claremont Healthy Village Initiative” (CHVI). The initiative started with a vision of improving health and empowering residents within the Claremont Village New York City Housing Authority (NYCHA) developments. Since then CHVI has welcome many new partners and

targets Claremont and the surrounding area within the South Bronx’s Morrisania neighborhood.



Butler Houses in
Claremont Village Housing



Bird's eye view of Claremont Village Housing

News and Updates Section (Current Community Programs)

Street Soccer USA— Street Soccer USA in partnership with C.S. 55 has launched a Saturday Soccer Academy. This is a free soccer program open to all youth (boys & girls) between the ages of 5-16. Practices will be held from

2:00-6:00pm on Saturdays at CS 55. Teams will be created based on age & number of youth participating. Youth should wear sneakers & athletic clothes. Coaches will have enrollment forms with them at the school. For

more information, please contact Chelsea at

chelsea@streetsoccerusa.org





Bronx-Lebanon Hospital Center-
The Department of Family Medicine offers a variety of medical, social and resource services for the Claremont neighborhood. Services offered include primary care, podiatry, behavioral health, psychiatry, nutrition, prenatal, care

coordination, acupuncture, referrals, transgender clinic, diabetes workshops, diabetes support group, smoking cessation, etc. For more information, please contact Jacelyne Bonilla at (718) 901-6355.



Health First – Free Exercise Class - Health first hosts a Zumba exercise class twice a week for the Claremont community. The exercise class takes place on Wednesdays from 10:30am-12pm in the Senior Center and Saturdays at Claremont Neighborhood Center

from 11am-12:30pm. For more information, please contact Tamar Ogburn at 646-937-0387.

Mental Health First Aid training – Health first is offering a mental health training which is a 8-hour training that helps participants learn and

recognize the warning signs and risks factors for risks factors for common mental health illnesses. The next mental health training will take place on April 29th from 10am-2pm. For more information, please contact Tamar Ogburn at 646-937-0387.

For the Youth

Youth Council - In the Claremont Neighborhood, we have three active youth councils for any young persons interested. Youth councils are a free program open to all youth between the ages of 13 to 18. The program will develop

leadership skills, teamwork, while also boosting confidence and self-esteem. Currently, there are youth councils operating at Beacon M.S. 219 Center, Butler Community Center, and Claremont Neighbor-

hood Center. For more information, please contact Roberto Claudio at 718-901-6338 or Rclaud@bronxleb.org.



Casita Maria – Casita Maria Center For Arts & Education in partnership with Claremont Neighborhood Centers, Inc. and Family Medicine are proud to present the South Bronx Healthy And Livable Neighborhoods Initiative Artist Residency with Cultural Ambassador of the Bronx, Baron Ambrosia. Baron will engage

Claremont Residents to join the World's Strongest Borough!, an active, healthy, accessible, and educational program that involves large-scale community engagement to qualify the Bronx as "The World's Strongest Borough." Intergenerational participants will learn leadership and community building skills while fostering

self-esteem, a sense of self-pride and accomplishment along with motivational tools. A "Mobile Pull-Up Bar of Power," and Fit 'N Fun Club will travel to eight neighborhood plazas and schools throughout the South Bronx engaging residents in fitness classes led by GetUpNGetFit Founder, Thomas Johnson. Residents will be chal-

**CASITA
CENTER MARIA
FOR ARTS &
EDUCATION**

lenged to do a "pull-up" each in order to have the Bronx declared "The World's Strongest Borough." For more information, please contact Daniel Dei at 718-901-8497 or 917-678-6045.

Upcoming Events

Stop the Violence - Community leader Mr. Bernard Smith will have the Annual Stop the Violence Event on 8/12/17. At the event, Mr. Smith will speak of the lives that were lost in the midst of gun violence, and will share his experiences with the

community. This will take place at St. Augustine/Our Lady of Victory 1512 Webster Ave. Bx. 10457. For more information, please contact Bernard Smith at 347-928-6652.

Robert Fulton Terrace Community Day – Community Leader/T.A. President Linda Kemp will host an event on Aug 19th 2017, celebrating the "50th Anniversary"; location to be announced. For more information, please contact Ms. Linda

Kemp at 347-697-0879.

Claremont in Motion – Claremont in Motion will be back on the streets, riding out of Claremont Neighborhood Centers on Saturday mornings. This program offers physical activity for the whole family, ages 10 years and older. Any children under 18 years

old, must be accompanied by their parent/legal guardian to sign waiver. The program takes place every Saturday from 10am-12pm and they meet at the Claremont neighborhood Center on 489 E. 169th Street, Bronx, NY 10456. BIKES and HELMETS PROVIDED! For

more information, please contact James James at 347-261-1764



Future Events

- **5/16
Neighborhood
Safety Meeting**
@ P.S. 132
- **5/18 Claremont
Spring Concert,**
Claremont
Neighborhood
Center, Inc., 489
East 169th Street
Bronx NY 10456, 6
-9pm (Cost: \$7.00)
- **5/25- Resident
Town Hall
Meeting,**
Claremont
Neighborhood
Center, Inc. 489
East 169th Street
Bronx NY 10456,
Time: 6-8pm
- **6/3—MVP (Most
Valuable Person)**
Honoring Men
Who Service Our
Community
Claremont
Neighborhood
Center, Inc. 489
East 169th Street
Bronx NY 10456,
Time: 6-8pm
- **6/17- Healthfirst
Healthy Village
Expo**

For more info, contact
Tamar Ogburn at 646-937
-0387 or
Togburn@healthfirst.org

Employment/Volunteer Opportunities

Workforce one— *Directions For Our Youth's* Butler Community Center (1368 Webster Ave.) has youth development workshops for young adults from ages 18-24 offering employment services, occupational training, access to social services, and high school equivalency services. Workforce will be at Butler every Thursday from 6pm-8pm (last appointment will take place at 7:25pm). For more information, please call 718-303-8997.

Youth Internships- The Claremont Healthy Village Initiative has limited space for paid internships for youth between the ages of 13-18. The internships available will be in partnership with Grow NYC, Casita Maria Center for Arts and Education, and Bronx Documentary Center. The deadline to apply for the internships is May 19th at 5:00pm For more information, please contact Roberto Claudio at (718) 901 - 6338

Job Fair- SUNY Bronx Educational Opportunity Center Job Fair – This year, they are expecting over 30 employers seeking qualified candidates for a variety of employment opportunities. Some of the industries are: Healthcare, Direct Support, Technology, civil service, security, education, and more. For more information or to register, please contact 718-530-7000. Date/time: Wednesday, May 3rd 2017 10:00am-2:00pm Place: 1666 Bathgate Ave. Bronx, NY 10457

Synergi Urban Garden – Reopening community programs that include compost education, family events, and school field trips. They are currently hiring the following: secretary, IT advisor, volunteers, recruitment, school garden educator, social media, data collection, etc. For more information, text 917-727-4453 or email Marilyn Johnson at synergiurbangarden@gmail.com.

**For more information please call the contacts listed.
If you would like to contribute to future Claremont
Healthy Village Initiative Newsletters, including updates
and events, please contact Jacelyne Bonilla at 718-901-
6355 or 646-915-4766 or jbonila@bronxleb.org**

